



All Prayer and Supplication

Day 28: All Prayer and Supplication

Ephesians 6:18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

Praying Always

Luke 18:1

And he spake a parable unto them to this end, that men ought always to pray, and not to faint;

Luke 21:36

Watch ye therefore, and pray always, that ye may be accounted worthy to escape all these things that shall come to pass, and to stand before the Son of man.

I've taken this command to "pray always" as meaning making prayer a priority all through the day. When something good happens, thank God! When you see something beautiful He has created, give Him glory. When a trial comes along, seek Him first in prayer. When a decision needs to be made, seek your Lord's will.

All Prayer and Supplication

Praying with all prayer and supplication means to put more energy into your prayers than, "Hey God, give me good stuff." Supplication can mean to beg. Begging God for someone's life has a lot more intensity than asking for \$10,000 in the bank.

James 5:16

Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

Notice that it's not saying prayer avails much, but fervent prayer. It seems if you don't really want it, God doesn't really listen.

Day 28 Prayer

Lord, please help me to gird up my loins with the truth. I need your leadership to know truth from lies. Help me to stay in contact with you in prayer so you can help me be discerning.

Father, please help me to put on the breastplate of righteousness. I am a sinful human and I need your righteousness to cover me. Make me clean, please Lord. Forgive me if I have grieved you in any way.

Lord, please help me to get my feet shod with the preparation of the Gospel of Peace. The fields are white, ready to harvest. Help me to reach out to those perishing with the Good News, man and God can be reconciled through the blood of Jesus. Help me to pray for the lost daily.

Father, please help me take up the shield of faith. If you say to pray always, then that is what I should do. Help me to have faith that you are a God who answers prayer.

Lord, help me put on the helmet of salvation. Your salvation is the most precious thing to have in this world. Thank you for what Jesus did on the cross to redeem us.

Father, help me to take up the sword of the Spirit, which is the word of God. Let me pray your word, because your word is true and your word is life.