



Jesus, Our City of Refuge

Day 5 Jesus our City of Refuge

11 Then ye shall appoint you cities to be cities of refuge for you; that the slayer may flee thither, which killeth any person at unawares.

12 And they shall be unto you cities for refuge from the avenger; that the manslayer die not, until he stand before the congregation in judgment. – Numbers 35

The Old Testament gives us a picture of Jesus as our protection. The Israelites were commanded to create cities of refuge. A person who unintentionally killed another could flee to these cities and be safe from being killed in retribution for his crime. The killer would then be safe from the victim's relatives as long as he remained in the city. This refuge would remain in place until the death of the high priest. Now Jesus is our high priest. For us, who are guilty of sin, when we run to Jesus and remain in Him, we can be protected from the punishment for our crimes.

Day 5 Prayer

Dear Lord, please help me gird up my loins with the truth. Help me turn to you always for the truth, in prayer, and in your written word, and in the direction of your Holy Spirit.

Father, please clothe me with your breastplate of righteousness. Let me always run to you for righteousness. Lord forgive me of all my sins. Help me to remain in your refuge for my righteousness and protection from this world.

Lord, help me to ensure my feet are shod with the preparation of the Gospel of Peace. Help me to do all that is needed to ensure I am prepared with your Good News today...all prayer and supplication, all readings of your word.

Father, please help me to take up the shield of faith. It is when I trust in You and the refuge You have provided that I am shielded from the enemy. Thank you for setting me free from the bondage of sin.

Lord, help me to put on the helmet of salvation. Jesus is my hope, my only refuge, my only way to salvation. Thank you for the sacrifice that makes my redemption possible.

Father, help me to take up the sword of the Spirit, which is the word of God. I know that your Word is true, and that I can take refuge in the promises in your Word. Thank you Lord for keeping your word.