

Killing Me Softly

Part 3

It is hard for many to believe that there are entities fixated on humanity to die as soon as possible. As the first two segments addressed the institution known as the Club of Rome, largely an unknown name by much of the United States, it is devoted to the topic of “depopulation”. There are those who have been public about their view that all our problems are related to overpopulation. You may hold a similar view that there are too many humans today. It can be expressed in other terms, but one cannot deny the existence of the issue confronting the world.

In mathematics, it is referred to as the “Exponential Curve”; and, it is also a Biblical sign of the Lord’s return. It has profound implications for everyone regardless of where you live you cannot escape its reality. I live in a rural Kentucky county that has quadrupled in the past twenty-five years. In fact, the road I live on has become so busy that I cannot walk to my mailbox and return to the house without several cars traveling in either direction. Twenty-five years ago when we lived at this very same address we presently live, one could walk the road and enjoy the rural air and where farm vehicles on the road often exceed other vehicles. If I want to wash my hair when I shower, I have to do it between 12 midnight and 5 a.m. Otherwise, the water pressure is simply too weak to rinse away the shampoo.

But on a more serious level, the “Exponential Curve” is an indicator of a forthcoming collapse having terminal consequence. To cite an example, I refer to the National Debt. It took over 200 years for the U.S. national debt to reach \$1-trillion dollars in 1980. Thirty years later, in 2010, it had risen to over \$14-trillion. Today, October 28th, 2018, it has risen to \$21,677,445,370,000. It goes up by \$1.1-million each and every minute. The crunch point is when the interest to service the national debt cannot be paid, or grows so big as to become larger than all the expenses and liabilities that have to be paid. I wrote an article earlier this year about Social Security ending on October 1, 2022. The article was titled “Major Social Security Change is Coming in 2022”. The source of my information came from Dr. William Mount of Seattle, WA. Dr. Mount, an Army veteran was given this information from VA employees while filling out paperwork on his military pension. The Social Security Administration will be dissolved effective 1 October, 2022. As so many in the alternative news, Dr. William Mount’s web site has been banned by YouTube. I have no doubt that most dismiss this reality as having no impact on their lives. At least not until the day comes and they receive no electronic deposit into their bank account from the Social Security Administration.

The Club of Rome’s number one issue has been “Depopulation”, and dominating all of its resources and efforts to deal with “killing us softly”. This emphasis on depopulation is well established and visible to the reader. The Georgia Guide Stones are located in Elberton, Georgia, northeast of Atlanta. The Georgia Guide Stones are a secular “10 Commandments” engraved on tall granite stones. The “10 Commandments” are engraved in eight languages and state:

1. *Maintain humanity under 500,000,000 in perpetual balance with nature.*
2. *Guide reproduction wisely – improving fitness and diversity.*
3. *Unite humanity with a living new language.*
4. *Rule passion – faith – tradition – and all things with tempered reason.*
5. *Protect people and nations with fair laws and just courts.*
6. *Let all nations rule internally resolving external disputes in a world court.*
7. *Avoid petty laws and useless officials.*
8. *Balance personal rights with social duties.*
9. *Prize truth – beauty – love – seeking harmony with the infinite.*
10. *Be not a cancer on the earth – Leave room for nature – Leave room for nature.*

Though some of these commandments seem harmless enough, the very first describes the supreme sentiment of the mysterious group of masons who erected the stones. If you want further narrative for what they bode, you don't have to look far. As Stanford University Professor, Paul Ehrlich, the author of '*The Population Bomb*' states:

"The first task is population control at home. How do we go about it? Many of my colleagues feel that some sort of compulsory birth regulation would be necessary to achieve such control. One plan often mentioned involves the addition of temporary sterilants to water supplies or staple food. Doses of the antidote would be carefully rationed by the government to produce the desired population size."

We can see clearly that the 'elite' class, intent on ridding the planet of its burdensome load, has already **poisoned the water of 42 out of 50 states with lead**. Pesticides and fertilizers poison the remaining states' water along with the original 42 states. Male infertility is rising due to these contaminants, and premature births along with miscarriage are more common due to others. If the water doesn't kill you, it will simply lobotomize you, or at least start the process. Harvard medical has pronounced that fluoridated water lowered IQ scores in children who drank it, and aluminum along with fluoride is a known neurotoxin, also contributing to the rising numbers of Alzheimer's, Parkinson's, and similar neurodegenerative diseases.

Should poisoning the water be insufficient to keep the population down, we can look to the advice of David Brower, once Executive Director of the Sierra Club and founder of the Friends of the Earth. He suggests that,

"Childbearing [should be] a punishable crime against society, unless the parents hold a government license ... All potential parents [should be] required to use contraceptive chemicals, the government issuing antidotes to citizens chosen for childbearing."

Forced and coerced sterilization at the hands of the Eugenics Board and other bodies is nothing new. Some investigators recently found that 148 female inmates in two California prisons were sterilized between 2006 to 2010 — and there may be 100 more incidents dating back to the late 1990s.

Today vaccines are used in a similar manner to help cull the population against their informed consent. Eugenicist, Bill Gates tried to ‘field test’ his HPV vaccine in India on indigenous young girls, but the Indian government eventually brought a stop to this. The Rockefeller family also quietly funds vaccines that alter a woman’s hormones to make her less likely to become pregnant or to maintain a pregnancy. A book titled ‘*Disciplining Reproduction*’ by Adele E. Clark explains what the elites were planning as early as the 1930s.

“Other lines of current immunological contraceptive research continue to seek what, during the 1930s, Max Mason of the Rockefeller Foundation called “anti-hormones”: vaccines to block hormones needed for very early pregnancy and a vaccine to block the hormone needed for the surface of the egg to function properly.”

Barack Obama’s top science advisor, John P. Holdren has also said: “**A program of sterilizing women after their second or third child, despite the relatively greater difficulty of the operation than vasectomy, might be easier to implement than trying to sterilize men.** The development of a long-term sterilizing capsule that could be implanted under the skin and removed when pregnancy is desired opens additional possibilities for coercive fertility control. The capsule could be implanted at puberty and might be removable, with official permission, for a limited number of births.”

A simple look at the peer-reviewed ‘PLOS ONE’ site offers over 7,500 additional scientific articles that connect vaccines to sterilization. Should vaccines or forced implants be insufficient to reduce the number of ‘useless eaters’ in the world, as Henry Kissinger has implied, then there is also the revealing text of Dr. John Coleman, who outlines the aims of a **Committee of 300, otherwise known as the original hierarchical organization to plan a New World Order**. Among their plans are **genocide, war, the installation of dictators, the legalization of drug use, and the normalizing of pornography**:

“To bring about depopulation of large cities according to the trial run carried out by the Pol Pot regime in Cambodia. It is interesting to note that Pol Pot’s genocidal plans were drawn up in the U.S. by one of the Club of Rome’s research foundations, and overseen by Thomas Enders, a high-ranking State Department official. It is also interesting that the committee is currently seeking to reinstate the Pol Pot butchers in Cambodia.”

“...To cause by means of limited wars in the advanced countries, by means of starvation and diseases in the Third World countries, the death of three billion people by the year 2050, people they call ‘useless eaters.’ The Committee of 300 (Illuminati) commissioned Cyrus Vance to write a paper on this subject of how to bring about such genocide. The paper was produced under the title “Global 2000 Report” and was accepted and approved for action by former President James Earl Carter, and Edwin Muskie, then Secretary of State, for and on behalf of the US Government. Under the terms of the Global 2000 Report, the population of the US is to be reduced by 100 million by the year of 2050.”

“.....To encourage, and eventually legalize the use of drugs and make pornography an ‘art-form,’ which will be widely accepted and, eventually, become quite commonplace.”

Look no further, than Syria, Iraq, Afghanistan, Turkey, and a myriad other examples of false flag terrorism. Look no further than the top twenty pharmaceutical companies (all U.S., Illuminati based) that control almost 99 percent of the world's massive, 'legalized' drug trade. See clearly, the genocide happening around the globe, and the child sex trafficking and pornography which is silently abided in Hollywood, Washington, and in every government circle run by cabal-funded individuals.

Look at the money usurped for the task of culling the masses, as former U.S. Secretary of State and presidential nominee, Hillary Clinton has stated:

“This year, the United States renewed funding of reproductive healthcare through the United Nations Population Fund, and more funding is on the way. The U.S. Congress recently appropriated more than \$648 million in foreign assistance to family planning and reproductive health programs worldwide. That’s the largest allocation in more than a decade – since we last had a Democratic president, I might add.”

Furthermore, weather modification, or geoengineering, also known as chemtrails, additionally help the slow kill, or fast degeneration of the human species. NASA has admitted to using these weather altering programs, so there is no sense denying their presence. Aside from spraying lithium, strontium, barium, nano aluminum-coated fiberglass [known as CHAFF], radioactive thorium, cadmium, chromium, nickel, desiccated blood, mold spores, yellow fungus, and more, these chemical concoctions act as a global pandemic to further population control.

Without mention of contaminated food, DARPA contrived control devices, and further attempts to make slaves of the remaining sheeple who live through these demonic efforts, know this; you are swimming in the depopulation agenda. The effects are all around you, and it is high time to put up some kind of resistance. In the overview of what I have shared here is a clear defined agenda to bring an early demise to humanity through a variety of measures and methods all being implemented through stealth and deception.

Possibly one of the most heinous of Bill Clinton's foreign policies dealt with **population control**. World Population Organizations were requiring that Third World countries accept their population control agenda in order to qualify for financial assistance. The United Nations, International Planned Parenthood Federation, World Health Organization, U.S. Aid, World Bank, and other population control groups used **hundreds of millions of U.S. tax dollars to kill babies** around the world in the effort of controlling the population and to advance the depopulation agenda of The Club of Rome. They have stated the priorities of their common agenda:

- Generalize worldwide sex education among youth.
- World-wide legalization of abortion.
- World legalization of sterilization.

The Clinton administration nearly doubled U.S. spending on world population control programs (from about \$300 million in 1992 to \$585 million in 1995) and, in keeping with the United Nations action plan, sought to double population control spending again in the next five years (up to \$1.2 billion for fiscal year 2000). The stated goal of the action plan is to **provide birth control and family planning services** by the end of the decade to all 600 million women of childbearing age in developing countries.

The push for “international cooperation” in treaties and trade made Al Gore the greatest fiscal promoter of tyranny worldwide in U.S. history. Right now, the U.S. pays for abortion to +1 year of age in two continents and over 50 countries. All that remains for the elderly in these same countries is rumor... the monies are used for “health-care” services, for instance, in India but mysteriously these same elderly do not have a very noticeable survival rate (notice that the ads are “for the children” and speeches regard the elderly only within 8 weeks of an election).



As U.S. Secretary of State under President Barack Obama, Hillary Clinton announced at the 15th Anniversary of the International Conference on Population and Development, the launch of a new program that according to Clinton will now become the centerpiece of U.S. foreign policy.

This new program is known as the '**Global Health Initiative**', and it is being incredibly well-funded at a time when the U.S. government is drowning in debt. According to Clinton, \$63-billion dollars will be spent by the U.S. to prevent pregnancies and to improve “family planning” services around the globe over the next six years. In other words, the new centerpiece of U.S. foreign policy is all about **eugenics and population control**.

This ‘Global Health Initiative’ was not an Obama initiative at all, but merely his continuation and expansion of the UN’s global population control program, which is a priority concern for some of the world’s wealthiest elites who want to see the planet’s human population drastically reduced. The real initiators of Obama’s GHI are Bill Gates, George Soros,

Ted Turner, Oprah Winfrey, David Rockefeller, the World Economic Forum, the Clinton Global Initiative, the United Nations Foundation, and the International Planned Parenthood Federation.

All of this provides a basis for our suspicion of various government agencies such as the CDC and EPA as being complicit in the agenda of “killing us softly”. We want to bring our focus onto the FDA, the U.S. Food and Drug Administration at this point in the subtle ways citizens are the victims of “killing us softly”.

The U.S. Food and Drug Administration (FDA) continued to deny that the artificial sweetener known as “aspartame” is in any way harmful to humans. But according to Dr. Betty Martini, founder of “Mission Possible World Health International”, an FDA agent openly admitted to her that aspartame is basically being used to “depopulate” the planet.

Back in 2000, Dr. Martini created a citizens’ petition calling on the FDA to ban aspartame from food, citing an “imminent health hazard”. Though the law requires that the FDA respond to such petitions within 180 days, Dr. Martini didn’t hear back from the agency for nine years, when she received a late-night call to her personal home phone.

As reported by *NaturalHealth365.com*, Dr. Martini asked the FDA agent on the other end of the phone why it took so long for his agency to respond to her petition, “even though people are sick and dying” all over the world as a result of aspartame, she stated. His response was one of nonchalant disregard. “*So what?*” the FDA agent reportedly stated. “*We need to depopulate,*” he added.

For more related news about the deep state depopulation agenda, be sure to check out *Depopulation.news.com*.

Aspartame is responsible for more than 75 percent of all food additive-related adverse reactions. First approved by the FDA back in 1980, aspartame has become a staple sweetener additive to thousands of food and beverage items sold all around the world. Manufactured by the drug company Pfizer, aspartame is made from two naturally-occurring amino acids: aspartic acid and phenylalanine. It is found in all diet-drinks and diet-sweeteners.

Originally discovered as a chemical weapon, aspartame never would have been considered a potential “food,” were it not for the scientists who discovered that it had a “sweet” taste. G.D. Searle was the first to manufacture aspartame as an artificial sweetener, and it has since become ubiquitous in many “diet” products sold as food.

But the truth of the matter is that aspartame is a deadly neurotoxin that damages cellular mitochondria. Dr. Russell Blaylock, M.D., a board-certified neurosurgeon and professor, warns that consumption of aspartame can cause a host of debilitating conditions, including, but not limited to, chronic headaches, fatigue, dizziness, nausea, numbness, memory loss, seizures,

vision loss, and even sudden death. In the longer term, aspartame consumption can lead to multiple sclerosis (MS), epilepsy, Parkinson's disease, Alzheimer's disease, and even cancer.

Aspartame is "the most dangerous food additive ever approved for human consumption," according to Mark Stengler, NMD, "America's Natural Doctor." It is further associated with more than 75 percent of all reported adverse reactions related to the consumption of food additives.

Aspartame is an "excitotoxin" that destroys brain neurons. Because of the way it impacts brain neurotransmitters, aspartame has further been shown to destroy necessary brain neurons by "exciting" them to the point that they self-destruct. For this reason, aspartame is classified as an "excitotoxin" that can cause brain damage.

When broken down to its methanol state, aspartame is also considered to be a carcinogen because it results in the formation of formaldehyde, aka rat poison. People who consume high amounts of aspartame can end up in taking more than 30 times the daily safe limit recommended by the U.S. Environmental Protection Agency (EPA), potentially causing ear ringing and buzzing, vertigo, chills, memory lapses, and vision problems. Formaldehyde is an embalming fluid used by funeral homes to replace the fluids removed in the burial process.

According to Dr. Martini, there are more than 900 studies published in reputable journals showing that aspartame is dangerous, and has no place in the human diet. Even the American Cancer Society (ACS) admits on its website that aspartame intake is associated with higher rates of lymphoma and leukemia, suggesting that aspartame is, indeed, cancer-causing.

As recent as June, 2018, Betty Martini has stated a diabetic epidemic has exploded. To make matters worse trade organizations funded by the manufacturer of aspartame like the American Diabetes Association and American Dietetics Association push this addictive, excitoneurotoxic, carcinogenic, genetically engineered drug, adjuvant and teratogen on diabetics. Yet not only can aspartame precipitate diabetes but it simulates and aggravates diabetic retinopathy and neuropathy, destroys the optic nerve from the methanol, causes diabetics to go into convulsions and even interacts with insulin. The methanol makes them lose limbs. Aspartame damages the mitochondria and interacts with drugs and vaccines.

Dr. Woodrow Monte in "While Science Sleeps: A Sweetener Kills" said on page 10, "Recently, during a study of over six thousand individuals performed in six widely dispersed clinics in the United States, it was revealed that the consumption of at least one 12 ounce can of diet soda a day for four years was associated with a statistically significant 67% increased risk of type II diabetes." But even more important, aspartame does the exact opposite.

Another epidemic that has soared throughout the world is obesity right along with diabetes because of aspartame. The soda-pop companies knew this would happen and the National Soft Drink Association, now American Beverage protested to the FDA in a 33 page report that was added to the Congressional Record on May 7, 1985. Using an affidavit by Dr.

Richard Wurtman it said: "*Aspartame has been demonstrated to inhibit the carbohydrate-induced synthesis of the neurotransmitter serotonin. Serotonin blunts the sensation of craving carbohydrates and thus is part of the body's feedback system that helps limit consumption of carbohydrate to appropriate levels. Its inhibition by aspartame could lead to the anomalous result of a diet product causing increased consumption of carbohydrates.*" The congressional record is on Dr. Wurtman's web site, www.mpwhi.com. Among their objections they were telling the FDA they didn't want to use aspartame because it would make people fat.

Dr. Wurtman had serious concerns including increased brain levels of phenylalanine and tyrosine likely to affect the synthesis of certain neurotransmitters - substances vital to the regulation of brain function - and that changes in the levels of neurotransmitters could in turn cause adverse physiological effects (by for example, modifying the function of the autonomic nervous system) and/or behavioral effects. Written years ago that is what has happened as aspartame is a psycho drug and triggers psychiatric and behavioral problems and interacts with all antidepressants according to Dr. Roberts. Ralph Walton, M.D., psychiatrist, did a study on aspartame but the reactions were so severe the institution stopped the study:

Diabetic specialist H. J. Roberts, M.D. said on page 389 of '*Aspartame Disease: An Ignored Epidemic*': "A gain of considerable weight, as much as 80 to 100 pounds, occurred in 40 aspartame reactors. This term "paradoxical" conveys their initial intent to lose or "control" weight. The increase occurred with various aspartame products. Case IX-B-10 gained 60 pounds on a franchised diet plan containing aspartame. Abstinence from aspartame generally effects a significant loss of undesired weight." Dr. Roberts says on page 392: Two thirds of adults in the United States are on diets to lose or control weight (Serdula 1999).

Most overweight patients seen in consultation by the author consume considerable aspartame. Aspartame products have played a major role in our fat-enabling culture, with emphasis on the "snack well syndrome" using low-calorie foods and sodas. The American Cancer Society (1986) found that "persons using artificial sweeteners gain more weight than those who avoid them," validating observations on those drinking diet drinks.

A study by Massachusetts General Hospital showed when aspartame is ingested it releases phenylalanine, which disrupts a gut enzyme called intestinal alkaline phosphatase (IAP) that had previously been shown to prevent obesity, diabetes and metabolic syndrome. Researchers found that this process prevents weight loss and can even cause weight gain.

In a 2013 study published in the "Proceedings of the National Academy of Sciences", Dr. Richard Hodin and colleagues also found that feeding IAP to mice kept on a high fat diet could prevent the development of metabolic syndrome and reduce symptoms in animals that already had the condition., Obesity, metabolic syndrome and diabetes are epidemic because of aspartame and have been proven on independent scientific peer reviewed studies.

As the aspartame obesity epidemic soared as expected by the admission of the soda

companies themselves officials said they had to get rid of sugar. Then came the sugar tax and manufacturers started doing the unthinkable, replacing sugar with aspartame, the very toxin which no doubt caused these two epidemics of diabetes and obesity.

Almost every day you read articles from manufacturers admitting this replacement. From an article today from the '*Trade Chronicle*' discussing the diabetic food market it states: "The first Initiative taken by manufacturers is that they have started using artificial sweeteners such as *Aspartame*, Acesulfame K, and Neotame instead of sugar." In a discussion with Dr. Jeffrey Bada years ago he said Neotame is just the aspartame formula scrambled. Today it's unlabeled. Acesulfame K caused cancer and leukemia in original studies just like aspartame does. Sucralose (brand name Splenda) is particularly bad for diabetics. Researchers found that diabetic patients using sucralose showed a statistically significant increase in glycosylated hemoglobin, a marker that is used to assess glycemic control in diabetic patients.

Because aspartame is triggering such an epidemic of obesity class actions have been filed for deceptive advertising against Coke, Pepsi and Dr. Pepper. The National Health Federation published the article in the Health Freedom News: <https://thenhf.co.uk/six-class-action-lawsuits-filed-against-aspartame/>. As one attorney recently said, if they would simply remove the "t" from diet. You can subscribe to the NHF and keep up with what is going on. They are the people who fight to save our vitamins and herbs and alert on aspartame.

Diabetics abstaining from aspartame see so many of their medical problems disappearing that were caused by this poison. Then they say, "so what do I use now as a sweetener?" I had this conversation with Mike Sylver many years ago who grew herbs in the Amazon Rain Forest. He said he would create a safe sweetener. Here is the "Just Like Sugar" story: <https://www.youtube.com/watch?v=MebZ2dlHkkU>. Now they can have a sweetener that is made from organic food like orange peel and organic chicory which has been used for over 70 years to improve the health of diabetics. So there is something to replace sugar with, not using aspartame which caused the problem in the first place. In the 5-minute video you will also see Mike Sylver being given an award by William Shatner for creating the first safe sweetener. Dr. Russell Blaylock, neurosurgeon and author of '*Excitotoxins: The Taste That Kills*' on aspartame asked for it to be analyzed. On receiving the analyzation he wrote in the Blaylock Wellness Report, "Finally a safe sweetener".

Since the beginning the aspartame manufacturers have sold the public stacks of propaganda that have nothing to do with reality. It has tied the hands of physicians who have no idea aspartame interacts with drugs and vaccines. Yet almost 100 per cent of independent, scientific peer reviewed studies have shown the problems. Usually when a lot of facts get out on aspartame like studies showing aspartame causes cancer, dementia, obesity, diabetes, metabolic syndrome, etc. the aspartame industry decides to get a review done and makes up more fairy tales. Be sure to check out the Aspartame Toxicity Center, www.holisticmed.com/aspartame and read about some of the reviews and how far industry will go to mislead the public. Two years ago, the name Aspartame began to be removed from

labels, and began appearing with a variety of terms to cover up the name of Aspartame.

Dr. H. J. Robert, diabetic specialist, who wrote the medical text on aspartame disease has now passed on. http://www.mpwhi.com/h_j_roberts_has_died.htm. His work was worthy of the Nobel Prize. I worked with him for 20 years. As he was dying he said, "*Please continue my work and save as many as you can.*" I gave him my solemn promise. He then sent me crates of his 30 years of research on aspartame. He wanted aspartame banned so much before he died. He listened to heart wrenching complaints of aspartame victims in the trenches of medical practice over these 30 years getting them off the toxin and returning them to healthful lives. If he was here today he would be disgusted with industry still pushing this poison on the public with full knowledge of its toxicity. Dr. Roberts continues from beyond the grave with his 1000 page medical text, '*Aspartame Disease: An Ignored Epidemic*', that he dedicated to Betty Martini.

Aspartame has a new name these days. For those of you who avoid aspartame, we have news for you. In an attempt to rebrand as a sweetener that's more "natural," aspartame is now going by the name AminoSweet. The name also goes by NutraSweet as well. Aspartame's name change = A Toxin By Another Name is Still a Toxin.

The Aspartame Natural Society has been talking about the dangers of Aspartame for quite some time now. It is a dangerous artificial sweetener found in many of the foods we consume every day, including soft drinks, chewing gum, breakfast cereals, and jams. Now, it's important to know that aspartame may be disguised as a new name in your favorite foods – Amino Sweet.

Used as a sugar substitute and often marketed as Nutrasweet and Equal, aspartame is an excitotoxin that destroys the brain and body. Its use has been a controversial subject since the 1980s when the CEO of Searle, Donald Rumsfeld, pushed for its approval to be sold on the market. Now, its name is being changed, with FDA approval, to try to dupe millions into purchasing and consuming this toxin once again.

Aspartame, even renamed Amino Sweet, is not safe. This substance is made using genetically modified bacteria in the US, but according to a Monsanto source, the UK market does not have to eat genetically modified bacteria excrement. Many 'low-calorie' foods contain GMO aspartame, however, even overseas. Aspartame may cause blindness, cancer, and brain tumors.

Just as a reminder of who is pushing this excrement – quite literally – on the consumers of the United states, it was Mr. Rumsfeld who went on to become George W. Bush's Secretary of Defense, and crony-Capitalist agenda-pusher. This one substance has continually been shown to cause harm to human health, so why is the FDA renaming it instead of banning it completely from the food supply? There is considerable evidence that artificial sweeteners cause cancer, including aspartame specifically – so why not name it something more appropriate at least? 'Sickeningly Sweet' might be more appropriate.

Even saccharin eventually had to be made with a label, mandated by Congress that says, “Use of this product may be hazardous to your health. This product contains saccharin, which has been determined to cause cancer in laboratory animals”. The FDA’s own toxicologist, Dr. Adrian Gross told Congress that without a shadow of a doubt, aspartame can cause brain tumors and brain cancer and that it violated the Delaney Amendment. Aside from cancers and tumors, top researchers have linked aspartame with the following symptoms and diseases:

- Headaches
- Memory loss
- Seizures
- Vision Loss
- Coma
- ADD
- Lupus
- Fibromyalgia
- Muscular Dystrophy
- Alzheimer’s
- Chronic Fatigue
- Diabetes
- Depression

Aspartame is Dangerous! European scientists have been telling us about the dangers of aspartame since 2005. Why on earth is it still allowed in our food? Partly? Because a politically biased FDA, then swayed by Rumsfeld’s corporation, said that the European Food Safety Authority (EFSA)’s decision about aspartame was not conclusive enough to prove that it was a dangerous substance, and that there was no “further review [on an] earlier scientific opinion on the safety of aspartame or [reason] to revise the Acceptable Daily Intake.”

The problem, and what more research concluded, is that aspartame breaks down into something called Phenylalanine, among other things. This can cause a disorder known as Phenylketonuria. “.....one in 15,000 people in the world has a genetic disorder called Phenylketonuria. Their body can’t metabolize synthesized phenylalanine. As it builds up in the body, it causes all sorts of bad things to happen, such as mental retardation, seizures, and other brain damage. People suffering from Phenylketonuria (or PKU) are called phenylketonurics. They need to constantly monitor their protein intake. They are also warned about consumption of products containing aspartame – hence the warning on labels – ‘Phenylketonurics – contains phenylalanine.’”

Not only that, but aspartame is also chemically addictive to the body, even though it damages it profoundly – just like other drugs. This is why food makers want to put it in their products – so you will buy more of them. Many people have commented about the fact that President Donald J. Trump drinks Diet Coke, and one report on the Internet said he drinks a gallon of Diet Coke a day. If that is true, the president has placed himself at great risk. Michael J. Fox was diagnosed with Parkinson’s disease back in 1991. The fans of Michael J. Fox have

noted over the years Michael's habit of drinking Diet Pepsi. Parkinson's disease is the second most common neurodegenerative disease, after Alzheimer's disease.



Michael J. Fox was diagnosed with Parkinson's Disease 26 years ago, since then he's become the face of the debilitating illness. As his disease progressed Fox stopped working, and appears less and less in public, leading many of his fans to wonder how he's doing.

Aspartame, or Amino Sweet – its all the same toxic substance. Watch out for it on food labels. Eat honey, apple sauce, raw, non-GMO sugar, and other REAL food sweeteners instead. You deserve to live a sweet life without being a sucker.

For nearly four decades (38 years) Aspartame has been permitted to be put into all kinds of drinks and food items with the permission of the U.S. FDA. They have known for decades that Aspartame is toxic to all forms of life. If they chose to ignore the evidence, then they are clearly complicit with the agenda of the Club of Rome.

The cause of Michael Fox's Parkinson's disease has always been side-stepped by the media, just like the dishonest tobacco precedent. Readers may notice there has never been talk about the cause of these diseases; and moreover, the talk has been singularly about finding the supposedly elusive cure.

The cause of Fox's disease is not yet politically correct to attack. It would get most reporters fired. Through the 1980's, Michael did commercials for Pepsico, and he promoted Diet Pepsi cola exclusively in the latter years of his contract. It is believed that he became an ardent consumer of Diet Pepsi throughout this period (even off-set). Then, in 1991, Michael was diagnosed with young-onset Parkinson's disease.

Aspartame Side Effects

- decreased vision
- headaches, migraine
- epileptic seizures
- severe depression
- irritability
- phobias
- severe PMS
- hyperactivity in children
- Multiple Sclerosis (MS)
- Chronic Fatigue Syndrome
- Fibromyalgia
- birth defects, including mental retardation



It would be seven years before he went public about his diagnosis, so the link has been missed by most people. Michael founded the Michael J. Fox Foundation in 2000, which was supposed to help uncover the true cause and eventually find a cure for Parkinson's disease.

Various groups have sent information to the foundation about the link between aspartame (found in diet colas) and Parkinson's disease, but they have been ignored. The group instead donated \$175,000,000 to researchers of Parkinson's disease, while wholly ignoring the existing information about aspartame, just as most researchers have.

The foundation is yet another organization which apparently believes that funneling even more money into the petrochemical cartel will help to find an elusive cure, for something that would require an admission of guilt to cure, and the loss of a billion dollar diet drinks industry.

The chemical industry is the problem, not the solution. Their profits from treatment regimens soar higher with each new Michael that they create. All the while they continue promoting diet drinks as the healthy alternative, because sugars, after all, are bad.

The mainstream medical establishment evidently does not know the cause of Parkinson's disease, but it has been linked with heavy metal exposure and excitotoxins. N-methyl-D-aspartate (NMDA) receptors in the brain are responsible for the excitotoxicity associated with Parkinson's disease. Aspartate is one of the main components that is released when aspartame is metabolized, and it directly effects the NMDA receptors.

Regular intake of aspartame damages those receptors, and can eventually lead to Parkinson's disease. So why is this obvious link being ignored or missed? It is also common knowledge that Parkinson's disease occurs whenever the dopamine-related nerve cells inside the brain are decimated.

With dramatically decreased dopamine, the nerve cells in the effected part of the brain cannot properly transmit messages. In studies, aspartame has been shown to decrease dopamine levels in the brain to induce the unmistakable neurological decline that is seen in Parkinson's patients. A troubling study from the Norwegian University of Science, verified aspartame as an excitotoxin, and as a neurotoxin that is particularly dangerous to children.

None of this is ever mentioned by either the Michael J. Fox Foundation, nor any mainstream media outlets, who avoid the topic of aspartame like the plague. Aspartame over time will cause the death of brain cells and damage to the brain neurons without any other implicating factors. It is a pure poison that is sometimes used to kill ants, and it is known to be the surest way to cause brain tumors in laboratory rats.

Some cancer studies have used aspartame to intentionally induce cancers in laboratory rats, for the purpose of later testing anti-cancer drugs. Aspartame is chosen because it is so reliable at producing cancers in high dosages.

In addition to its ability to cause Parkinson's disease, it may also cause multiple sclerosis, diabetes, fibromyalgia, reduced intelligence, obesity, asthma, muscle spasms, and a total of 92 symptoms that even the F.D.A. was forced to confess. There is a great irony that obesity is one of the side effects of aspartame, considering it is used exclusively in diet products. During my years as a pastor, when I had pastoral contact with folks that were obese, you could be sure a Diet Pepsi or Diet Coke would be close by.

The same chemical industry that produces this poison is the industry that sells even more lucrative treatments for the aftermath, so it is a case of one hand washing the other.

In January of 1980, the F.D.A. advisory board banned aspartame, because their research showed that it caused brain tumors. This decision could only be overturned by the commissioner.

Then, in November of 1980, Donald Rumsfeld was hired as part of the transition team for President Ronald Reagan, prior to which, he had been the President of Searle (the company that created aspartame).

On the first day of the new administration, the previous F.D.A. commissioner's authority was suspended, and Rumsfeld assigned Dr. Arthur Hayes as the new head of the F.D.A. Hayes was previously just a defense contractor, but he had a close relationship with Rumsfeld because they had worked together under the Nixon Administration in close contact with the President of Pepsico.

Hayes' very first decision was to approve aspartame for dry foods, and by the end of 1983, he had approved aspartame for soft drinks too. He was later forced to leave the agency, due to media pressure concerning his acceptance of corporate "gifts".

The defense contractor then went to the Searle public relations firm as its "senior medical adviser". Shortly thereafter, Monsanto purchased Searle. Rumsfeld received a \$12 million "bonus" for his help in ram-rodding the F.D.A. into unbanning aspartame.

Perhaps Michael J. Fox will someday realize what caused his disease, and if he does, we hope that he will use his celebrity influence to inform others about aspartame. There are very few people who drink Diet Pepsi as frequently as Michael did, particularly at such a young age. Thus, Parkinson's disease rarely occurs in people so young.

Finding the cause of these events is not difficult, except for people who are intentionally trying to avoid the obvious. At a personal level, I have a daughter-in-law who drinks Diet Mountain Dew. She wages a battle to lose weight, and she is a RN nurse, so she should know better. I have email many a health article on the connection of aspartame and Diet Mountain Dew.

Most of the organizations pretending to seek a cure do ignore the obvious as official policy. They prefer genetic explanations, since these mean that nobody is to blame, and no reason for the funding to ever stop. Genetic explanations mean that they are certain to never find that cure, and that's money in the bank.

If the mainstream media were to spend as much time attacking excitotoxins like aspartame and MSG as they did tobacco, it would not be long before many of the major

diseases, including Parkinson's disease, became a thing of the past. Fibromyalgia would disappear completely.

There are Pepsi references all throughout the film "Back to the Future" starring Michael J. Fox. Actor Michael J. Fox was a major endorser of Pepsi in 1985 and often appeared in commercials. Throughout the film Pepsi products appear, from cans to advertisements and even branded luggage. The "Back to the Future" Wikipedia page lists at least 12 Pepsi references through the three films in the trilogy.

Many medical professionals and health activists loudly proclaim that aspartame sweetener in diet sodas cause symptoms that mimic, or accentuate Parkinson's disease. The first class-action lawsuits have already been filed. Michael is diagnosed with Parkinson's.

A prudent person might well have long ago eliminated the notorious additive from their diet. But, incredibly, Michael J. Fox seems to still be drinking the soda. Years ago he appeared on the Oprah show, promoting his new book '*Lucky Man*', reporter Ann Oldenburg, for USA Today, interviewed him about his medical condition. She wrote: "*He just can't sit still. Will that glass of diet soda make it to his lips without spilling? It does.*"

Ironically, in the movie "Back to the Future," Michael J. Fox is taken back in time to a soda fountain shop in the early nineteen fifties. Michael's character, Marty McFly, asks the man behind the counter for a diet soda: a "Pepsi Free." The man behind the counter replies: "*Nothing is free in here but water.*" Then Fox asks for a "Tab" (another diet soda), and the man behind the counter states: "*You don't get a tab until you order something.*"

That's what they call run-of-film product placement. By means of star endorsements and in-movie placements, soda corporates have been spectacularly effective in getting us all to swallow their artificially colored, artificially flavored water.

Michael also starred in "Apartment 10G," a 1987 Pepsi commercial with Gail O'Grady, of NYPD Blue, in which he risked life and limb running through rain, over car hoods, and through traffic to bring her a can of her favorite soda.

His love affair with the "free" goes back a long way. Michael Andrew Fox was born June 9 1961 in Edmonton, Alberta, Canada. Always diminutive, he longed to be taller. Michael read that eating made you grow, so he ate until he had gained 20 lb. in weight.

After early acting successes, he ended up in debt and selling off furniture to buy food. Michael felt he had to do something about his weight to improve his chances at casting sessions. He went on a crash diet. He stopped eating. From then on, the slimmed down star was a prime candidate for the diet sodas introduced around 1984.

When he appeared in the 1987 Pepsi commercial, their public relations people milked the star's endorsement for all it's worth. Michael spent countless hours clutching glasses of

Pepsi, with his home refrigerator virtually patched into Pepsi's production line. Michael was reportedly soon an avid consumer of Diet Pepsi.

That exposure set him up for a curious medical phenomenon: addiction to the substance causing the damage. Every free can came at a terrible hidden price. As the soda fountain storekeeper in 'Back to the Future' puts it: "nothing is free -but the water."

Many doctors report improvement in chronic medical conditions when their patients avoid aspartame. However, the manufacturers, the US regulators and the Parkinson's research establishment dismiss these reports as anecdotal. They insist that "scientific evidence" shows aspartame is safe.

In truth, their "science" is often just pseudoscientific claptrap. Their latest wild goose chase is that Parkinson's may be linked to a virus. Even as Michael J. Fox currently tours the talk show circuit, the leading Canadian Parkinson's researcher, Dr. Donald Calne, is reportedly heralding a possible viral cause of Parkinson's.

His evidence? Three of Michael's costars on a situation comedy called "Leo and Me" have also developed Parkinson's disease. Dr. Calne, director of the Neurodegenerative Disorder Center at the University of British Columbia Hospital, theorizes that the four might have been exposed to a Parkinson's trigger virus in the air conditioning system on the show's production set.

Breathless and talk show hosts and fawning news reports reveal that four of the 125 people on the set of "Leo and Me" in 1976, are now diagnosed with Parkinson's -- compared to a national incidence of 1 in 300 people. Dr. Calne calculates the odds of such a cluster by chance at 1000 to 1.

Hold it right there! This data is statistical dross. This is EXACTLY the data clustering we would expect to find in a normal distribution of Parkinson's among groups of less than 300 people. There will always be isolated incidences where there are congruencies. Conversely there will be also a large number of population sets of 300 where there is no incidence of Parkinson's whatsoever.

Surely the bell curve of a normal distribution is familiar to any student of Statistics 101. If the sample has only 125 people, you find precisely these variations. Only when the sample size is increased from hundreds -- to hundreds of thousands, does the data approach meaningfulness. Statistical probability requires huge sampling for predictability.

If Dr. Calne's pseudo-science is any indication, then Parkinson's research is out to lunch. The same establishment which passes off such meaningless speculation as science has the nerve to dismiss the experience of doctors as anecdotal and the concerns of the public as "nonscientific." And, like Dr. Calne, they have control of the available research dollars.

Perhaps, after all, we had better carefully review the evidence so readily dismissed about the toxicity of aspartame.

The establishment view is that ingestion of aspartame produces levels of toxins is typically insignificantly low. The critics say that aspartame is significantly metabolized in the body to aspartic acid, phenylalanine and methyl alcohol.

Aspartic acid is excitotoxic, it excites neurons or brain cells to death --thus the link to Parkinson's. The methyl alcohol breaks down into formaldehyde, then formic acid. How dangerous are these toxins? Formaldehyde is used in the embalming of the deceased!

Consider fetal alcohol syndrome: it produces deformity and disability in infants who suffer maternal alcohol abuse. Yet, methyl alcohol is fifty times more potent than beverage alcohol. Formaldehyde is 5,000 times more potent. Critics say the combination is equivalent to ingesting deadly fire ant venom and embalming fluid - albeit in minuscule quantities.

Besides the direct effects of these toxins, there is evidence from research into Alzheimer's disease and other neurodegenerative diseases that toxin-induced accumulation of metals in the brain is a key disease mechanism.

Much research into Parkinson's in agricultural communities has linked the disease with high exposure to pesticides, herbicides and fertilizers. Other research in mining communities has shown aluminum and manganese play a role in the degeneration. Besides its direct effects, aspartame may well also speed the brain's uptake of these metals to toxic levels. But our public health safety regulators are feeling very lucky. All the while, a creeping epidemic of youthful neurological degeneration gathers pace.

Ms. Betty Martini of aspartame campaign group, 'Mission Possible International', does not mince words. In a statement on the Michael J. Fox controversy, she stated: "*Aspartame is being used by 2/3rds of the population today and 40% of our children, and is a deadly neurotoxic drug. ...We are now taking case histories for class action starting with brain tumors, seizures, eye deterioration and blindness triggered by aspartame. An investigation could be the beginning of help for millions.*"

Fans of Michael, Parkinson's sufferers and ordinary citizens are concerned that he may be unknowingly worsening his condition with diet sodas containing aspartame.

It is worth stating that a virus cannot be sued by poisoned consumers, and a virus cannot be hauled to a Congressional investigation. Therefore a Parkinson's virus will inevitably prove a far better candidate for scientific research dollars than aspartame.

The message for Michael is that aspartame is clearly not worth the risk to his health, and merits renewed review of its public safety. Unfortunately the research foundation that bears Michael's name, has so far not even acknowledged the evidence sent to it by aspartame critics.

SickofDoctors.com has sponsored an online petition to alert Michael and his Parkinson's foundation to the role of aspartame. You can help send this important message to Michael.

Blessings,

Pastor Bob,

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